



Fleetwood PCN



Dear parent/guardian,

There is a new service within Fleetwood Primary Care Network which is aimed at children and young people ages 10-17 who are registered at Mountview Practice, Fleetwood Surgery or Broadway Medical Centre.

The Children and Young Person Social Prescriber role is designed to improve the mental health and wellbeing of young people within the community. To do this, they can provide 1-6 sessions to assist with needs such as low-level anxiety/stress, loneliness, eating healthy, being physically active, getting out in the community, gaining confidence and much more. However, this service is not appropriate for young people who are actively suicidal or presenting risk.

There are many services and groups within Fleetwood which can improve mental health, wellbeing, and self-esteem. The social prescriber will create a personalised plan with the individual and their carer, which caters to the individuals needs and can then link with the existing services and groups to promote wellbeing.

Please contact your GP practice to discuss a referral to the Children and Young Person Social Prescriber.

Kind Regards,

Elizabeth Bradford

Children and Young Person Social Prescriber

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