



Referral criteria

The Children and Young Person Social Prescriber can assist the needs listed below of any individual between the ages 10-17 who is registered at Fleetwood surgery, Mountview practice or Broadway medical centre. They must also have consent from their parent/carer to access this service

- Support with managing schoolwork/job opportunities/volunteering
- Support with making friends
- Be healthier
- Support with mental wellbeing (no risk)
- Be more socially connected within the community
- Be more active
- Support with life skills such as cooking, finance etc
- Support for coping with stress
- Gain confidence

A young person social prescriber can connect young people to local groups for their mental health and wellbeing. They are also able to work alongside parents/carers to ensure holistic needs are met.